



Black Sentry Emergency Kit Checklist

Primary Muster Point: _____

Secondary Muster Point: _____

Critical Emergency Numbers

Local Emergency Services: _____

Family Emergency Contact: _____

State/City Emergency Hotline: _____

Primary Doctor/Medical: _____

Recommended Essential Supplies

- ☐ Water, 1 gallon per person per day (minimum 3 days)
- ☐ Nonperishable food (3-day supply per person)
- ☐ Flashlight and extra batteries
- ☐ First aid kit
- ☐ Multipurpose tool (think Swiss Army knife)
- ☐ Emergency whistle
- ☐ Plastic sheeting and duct tape (for shelter-in-place)
- ☐ Local maps
- ☐ Wrench or pliers (for turning off utilities)
- ☐ Can opener (for canned food)
- ☐ Fire extinguisher
- ☐ Matches (in a waterproof container)

Communication & Technology

- ☐ Portable phone charger or power bank
- ☐ Battery-powered or hand-crank radio
- ☐ Copies of personal documents (ID, insurance, medical info)
- ☐ Family emergency contact information
- ☐ Emergency apps preloaded on phones

Health & Safety

- ☐ Prescription medications (7-day supply), contacts, and/or glasses
- ☐ Over-the-counter medications (pain relievers, antihistamines, etc.)
- ☐ Sanitation supplies (moist towelettes, garbage bags)
- ☐ Personal hygiene items (feminine supplies, soap, toothbrush, toothpaste, deodorant, sanitizer)
- ☐ Face masks

Personal Items for Comfort & Survival

- ☐ Blanket or sleeping bag for each person
- ☐ Change of clothes and sturdy shoes
- ☐ Cash and change (small bills)
- ☐ Emergency shelter (tent, tarp)
- ☐ Mess kits (paper cups, plates, utensils, and paper towels)
- ☐ Comfort items for children (toys, stuffed animals)
- ☐ Entertainment (books, games, puzzles)
- ☐ Paper and pencil

Special Considerations

- ☐ Infant supplies (diapers, formula, baby food)
- ☐ Pet supplies (food, water, leash, carrier)
- ☐ Medical devices (hearing aids, mobility aids)

Maintenance & Preparation Tips

- ☐ Review your kit every 6 months
- ☐ Replace expired food, water, and medications
- ☐ Test flashlights and batteries regularly
- ☐ Update important documents and contact info

Plan Ahead

- ☐ Family Meeting Point: Identify both a primary and backup location
- ☐ Evacuation Route: Know your nearest exits and escape routes
- ☐ Important Contacts: Include family, emergency services, and neighbors

Stay ready. Stay protected.

For more emergency quickguides and checklists, visit www.blacksentry.com